

## Elmo loves his goldfish and his crayons too!

Draw some things that are special to you - for example: a friend, a toy, a place, or a type of food.



### Family Activity

Nurturing a positive self-image will help your child believe in herself and give her the strength to follow her dreams. Help your child feel proud of who she is by encouraging her to create a collage of things she likes about herself. Let her know that these things make her who she is and that there's no one else exactly like her!